



JANUARY 3, 2025

# 4-H Family News

## Ingham County



**INGHAM COUNTY 4-H**

**ANNUAL RECOGNITION EVENT**

Join us for the 2024 Ingham County 4-H Awards Celebration to honor member achievements and recognize leaders' contributions to youth development

The celebration will begin with dinner at 3:00 p.m. and complete with the award ceremony. Drinks and main dish supplied! (sloppy joes, pulled pork and pulled chicken)

Please bring a dish to pass by last name A-M = desserts; N-Z = sides



3:00 PM SUNDAY, JANUARY 12TH 2025	INGHAM COUNTY FAIRGROUNDS 700 E ASH, MASON, MI	RSUP BY JANUARY 6TH EMAIL: WEISSGLE@MSU.EDU PHONE: 517-676-7303 SCAN QR CODE ABOVE
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### Contact Us:

**Glenda Weiss**

4-H Program Coordinator  
weissgle@msu.edu

Michigan State University Extension  
Ingham County Hilliard Bldg  
121 E. Maple Street, PO Box 319  
Mason, MI 48854  
Ph: 517.676.7207

**Rachel Ochylski**

4-H Urban Program Coordinator  
ochylski@msu.edu

Michigan State University Extension  
Ingham County Human Services Bldg  
5303 S. Cedar Street  
Lansing, MI 48911  
Ph: 517.676.7300

**Ingham County 4-H**

<https://www.canr.msu.edu/ingham/4-h/>

**Facebook**

<https://www.facebook.com/Ingham4Hyou>

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IT'S TIME TO  
**Register**



Log in to 4-H Online to  
register for the 2025  
4-H year

[www.4honline.com](http://www.4honline.com)



# COUNTY CALENDAR OF EVENTS

RSVP for Awards Banquet Monday, January 6, 5:00 pm To Glenda Weiss  
 Horse Committee Meeting Wednesday, January 8, 6:30 pm Hilliard Bldg  
 Annual 4-H Awards Banquet Sunday, January 12, 3:00 pm Community Hall Fairgrounds  
 4-H Council Committee Meeting Wednesday, January 15, 6:30 pm Hilliard Bldg

## MICHIGAN 4-H HORSE PROGRAM WINTER WEBINAR SERIES

January 15th at 6pm: How to buy a horse with Paula Hitzler  
 January 29th at 6pm: The basics of Equine Management with David Lindsay  
 February 5th at 6pm: Equine Nutrition basics with Dr. Christine Skelly  
 February 18th at 6pm: Being a better boarder and Running a boarding facility with Taylor Fabus  
 March 12th at 6pm: From the judges' perspective: Showmanship with Dr. Karen Waite  
 March 26th at 6pm: From the judges' perspective: Ranch Riding with Dr. Alyssa Logan

Any further questions email David Lindsay, Extension Educator at [lindsa75@msu.edu](mailto:lindsa75@msu.edu)

## 2025 4-H Cash Composition Contest



Learn about credit

Answer this year's question in 300 words or less

Submit your essay by February 28, 2025

Possibly win a \$100 gift card!

Open to 9-19 year olds in Michigan



# 2025 ADULTING 101



- DECREASING STRESS WITH MINDFULNESS- JANUARY 14 AT 6 PM
- MEDICAL INSURANCE 101 - FEBRUARY 10 AT 5:30 PM
- TIME AND ORGANIZATION TIPS TO THRIVE - MARCH 3 AT 7 PM
- WEALTH BUILDING - APRIL 8 AT 5 PM
- STAY SAFE OUT THERE - MAY 15 AT 6 PM
- INTERNATIONAL TRAVEL ON A BUDGET- JUNE 2 AT 6:30 PM
- MASTERING MEAL PLANNING - JULY 9 AT 4:00 PM
- NAVIGATING PEER PRESSURE - AUGUST 18 AT 6 PM
- WORKPLACE PROFESSIONALISM - SEPTEMBER 17 AT 6:30 PM
- ENJOY YOUR HOLIDAYS ON A BUDGET - OCTOBER 23 AT 5 PM
- NAVIGATING TOUGH TALKS - NOVEMBER 13 AT 6:30 PM

\*ALL TIMES LISTED ARE EASTERN STANDARD TIME

<https://events.anr.msu.edu/Adulting2025/>



## 2025 State 4-H Rabbit and Cavy Show and Expo

\$4 Entry Fee



Breed, Market, Fur Class Entry Fee: \$4.00

Other Contests Entry Fee: \$2.00  
 Photography, Educational Display, Breed Identification, Skillathon

Showmanship pre-enter by January 17, 2025

Jan 25, 2025  
 Enter animals day of Show  
 7:00 am-10:00am

MSU Pavilion for Agriculture and Livestock Education



State Rabbit and Cavy Show Web Page:

[shorturl.at/Ey5yF](http://shorturl.at/Ey5yF)



SCAN HERE

Perpetual trophy for all Best in Shows!





# ANIMAL SCIENCE CAREER QUEST

## OVERVIEW

Animal Science Career Quest is February 15, 2025 on MSU's campus in East Lansing for youth ages 12-19 (as of January 1, 2025) and 4-H volunteers.

Participants will learn all about the available opportunities within the fields of animal science and veterinary medicine, not just as a student, but also long-term career options. There will be breakout sessions dedicated to various fields.

Participation is limited to 100 people (85 youth, 15 volunteers)

*\*\*Past attendees should select different breakout session options than what they have already attended at Career Quest programs in previous years.*

## SCHEDULE OVERVIEW (all times EST)

**Saturday, February 15**

- **7:30** Registration begins
- **8:30** Welcome
- **9:00** Species Sessions
- **10:45** Career Exploration and Workforce Prep Activity
- **11:30** MSU Animal Science Program Overview
- **12:15** Lunch\*
- **1:00** Learning Labs
- **5:00** Dinner\*
- **6:00** Discipline Sessions
- **8:00** Conclusion

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## DATES, LOCATION, FEES

**WHEN:** February 15, 2025

**WHERE:** Michigan State University campus in East Lansing – Anthony Hall and the South Campus Farms

**WHO:** Youth ages 12-19 and 4-H volunteers

**COST:** \$35

NOTE: No overnight lodging is provided; this is the sole responsibility of the program participant. Transportation to and from the South Campus Animal Farms will be provided for youth participants who are attending Learning Lab sessions at a farm; adults attending Learning Lab sessions at a farm will be responsible for their own transportation.

## Event Contacts

**Autumn Converse**  
Extension Educator, 4-H Livestock and Veterinary Science Programs  
[conver20@msu.edu](mailto:conver20@msu.edu)

**David Lindsay**  
Extension Educator, 4-H Horse Programs  
[lindsa75@msu.edu](mailto:lindsa75@msu.edu)

**Kendra Van Order**  
Extension Educator, 4-H Dairy Programs  
[vanorde4@msu.edu](mailto:vanorde4@msu.edu)

Follow us on Facebook:

- Michigan Dairy Youth Programs
- Michigan 4-H Livestock and Veterinary Science Programs
- Michigan 4-H Horse Programs



# ANIMAL SCIENCE CAREER QUEST

## SPECIES and DISCIPLINE SESSIONS DESCRIPTION

**Saturday morning**, participants will learn about the types of animal studied and taught about in the Department of Animal Science. There will be two sessions, each 45 minutes long. All species options are available during both time blocks, except poultry and rabbits which will be offered one time. Species sessions will be pre-selected during registration. Please select each species session only once.

*Species:* Beef Cattle, Companion Animals, Dairy Cattle, Horses, Poultry, Rabbits and Cavies, Sheep and Goats, and Swine

See below for a full list of session offerings for **Saturday afternoon's** 90-minute Learning Lab sessions.

**Saturday evening**, participants will learn about different disciplines, or topics, studied and taught about in the Department of Animal Science. There will be two sessions, each 50 minutes long. All discipline options are available during both time blocks. Discipline sessions will be pre-selected during registration. Please only attend each discipline session once.

*Disciplines:* Animal Behavior and Welfare, Animal Health, Animal Nutrition, Animal Reproduction, and Education and Outreach

## Learning Lab Session Offerings

- **Building Skills for Your Future** (Anthony Hall)
- **Veterinary Medicine and Nursing** (Anthony Hall)
- **Leader Dogs for the Blind** (Anthony Hall)
- **Egg-stravaganza!** (Anthony Hall)
- **Intro to Livestock Judging** (Anthony Hall)
- **Intro to Carcass Evaluation and Meats Judging\*** (Anthony Hall)
- **Dairy Nutrition** (Anthony Hall)
- **Intro to Rabbit and Cavy Management** (Anthony Hall)
- **Intro to Horse Judging\*** ([Horse Teaching and Research Center](#))
- **Intro to Horse Management\*** ([Horse Teaching and Research Center](#))
- **Intro to Dairy Cattle Judging\*** ([Dairy Cattle Teaching and Research Center](#))





# ..... SPIN CLUB: INTRODUCTION TO SPHERO

**Unlock the World of Coding with Spheros!  
Over six fun-filled weeks, you will dive into the  
fascinating realm of programming!**

- ✓ Week 1: Get hands-on with Sphero's movements
- ✓ Week 2: Start coding with block-based programming
- ✓ Week 3: Discover loops and sensors for advanced control
- ✓ Week 4: Master variables to influence speed and direction
- ✓ Week 5: Tackle real-world challenges using coding skills
- ✓ Week 6: Showcase projects in a final presentation!



**BOYS AND GIRLS CLUB OF LANSING  
4315 PLEASANT GROVE RD  
LANSING, MI 48911**

**5:00PM - 6:00PM  
WEDNESDAYS STARTING  
JANUARY 10TH, 2025**



To register, go to 4-H online and select "SPIN Club Boys & Girls Club 1124" v2.4HOnline.com



**Open to ages 9-12, don't miss this chance to spark creativity and problem-solving skills! Perfect for all budding tech enthusiasts!**



**Rachel Fitch  
(313) 351-2340  
fitchrac@msu.edu**



# HORSE JUDGING WORKSHOP

## WHEN

**January 31-Feb. 1, 2025**  
**Friday workshop, 6:30-8:30p**  
**Saturday contest, 8:30-10:30a**

## WHERE

**MSU Pavilion**

4301 Farm Lane, Lansing, MI

## FEATURING

Friday evening's workshop will feature  
carded judge & clinician **Dr. Karen  
Waite on Evaluating Halter.**

Saturday's practice contest will have **3  
classes with opportunity to give oral  
reasons: Halter, Ranch Rail and  
Horsemanship**

## ALL AGES WELCOME

**PRE-REGISTER**  
**\$15 per youth/adult/coach**

**REGISTER AT THE DOOR**  
**\$20 per youth/coach/adult**

## CONTACT

**Carla McLachlan**  
**Event Coordinator**  
**Carlam@msu.edu**

## BENEFITING

All proceeds of event will  
go directly to the **MSU  
Horse Judging Team**

Online registration and  
payment is available at:  
[https://commerce.cashnet.com/msu\\_3645](https://commerce.cashnet.com/msu_3645)





## 2025 Calendar of Statewide Animal Science Events

### 4-H Animal Science Staff

**Autumn Converse**  
4-H Livestock and Veterinary Science Educator  
[conver20@msu.edu](mailto:conver20@msu.edu)

**David Lindsay**  
4-H Equine Educator  
[lindsa75@msu.edu](mailto:lindsa75@msu.edu)

**Kendra Van Order**  
4-H Dairy Educator  
[vanorde4@msu.edu](mailto:vanorde4@msu.edu)

**Jacob Stieg**  
4-H Poultry Point of Contact  
[stieg@msu.edu](mailto:stieg@msu.edu)

**Kat VanDouser**  
4-H Dog Point of Contact  
[krolkat@msu.edu](mailto:krolkat@msu.edu)

**Glenda Weiss**  
4-H Rabbit & Cavy Point of Contact  
[weissgl@msu.edu](mailto:weissgl@msu.edu)

<b>January 25</b>	State 4-H Rabbit and Cavy Show & Expo
<b>February 15</b>	4-H Animal Science Career Quest
<b>March 1-2</b>	4-H Dairy Conference
<b>March 8</b>	4-H Spring Livestock Workshop
<b>March 15</b>	4-H Hippology State Contest
<b>March 29</b>	4-H & FFA Horse Judging State Contest
<b>May 8</b>	4-H & FFA Meats Judging State Contest
<b>June 11-12</b>	Youth Livestock Judging Camp
<b>June 25</b>	4-H & FFA Livestock Judging State Contest
<b>June 28</b>	4-H Dairy Quiz Bowl
<b>July 7-8 &amp; 9-10</b>	4-H Animal and Veterinary Science Camp
<b>July 15-17</b>	4-H Youth Dairy Days
<b>August 14-17</b>	4-H State Horse Show

Other programs could include the State 4-H Dog Show, species workshops, and more!



**Scan me** for more information about these programs!

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# MICHIGAN 4-H HORSE PROGRAM



## **2025 DATES OF IMPORTANCE!!!**

*January 31 & February 1: Horse Judging  
Workshop and Practice Contest*

*March 15: State 4-H Hippology Contest*

*March 29: Michigan 4-H/FFA State  
Horse Judging Contest*

*August 14-17: Michigan 4-H State Horse  
Show*



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**UNIVERSITY**

**Extension**

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MICHIGAN STATE UNIVERSITY OCCUPIES THE ANCESTRAL, TRADITIONAL AND CONTEMPORARY LANDS OF THE ANISHINAABEG – THREE TRIBES CONFEDERACY OF OJIBWE, ODJAWA AND POTAWATOMI PEOPLES. THE UNIVERSITY RESIDES ON LAND CEDED IN THE 1819 TREATY OF SAGINAW.





# 2025 MI 4-H STATEWIDE DAIRY EVENTS

March  
**1-2**

## MI 4-H Dairy Conference

Michigan State University

June  
**28**

## State 4-H Dairy Quiz Bowl Contest

Anthony Hall, Michigan State University

July  
**14-17**

## MI 4-H Dairy Days

Michigan State University

Sept. 28- **National 4-H Dairy Conference**  
Oct. 2 Madison, WI

**KENDRA VAN ORDER**  
MI 4-H DAIRY EDUCATOR

**517-432-4306**

**VANORDE4@MSU.EDU**

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# 4-H Winterfest 2025

**DATE:**

February 8—9, 2025

**LOCATION:**

Eagle Village  
Hersey, MI

**COST:**

\$120

**SOCIAL MEDIA:**

[https://www.facebook.com/  
profile.php?  
id=100067458275560](https://www.facebook.com/profile.php?id=100067458275560)



**WHO SHOULD ATTEND:**

4-H youth 8—12 years old

**DESCRIPTION:**

Youth and adults who attend 4-H Winterfest will spend 2 days learning about exciting project areas while meeting youth from around the state. 4-H Winterfest offers participants and chaperones an opportunity to experience Eagle Ville in an overnight camp setting. Youth participate in hands on sessions.

**HOW TO REGISTER**

Registration information will be available in early January with registration taking place through 4-H Online. The committee highly encourages youth to be enrolled in 4-H Online prior to registration opening.

**CONTACT:**

Jacob Stieg: [stieg@msu.edu](mailto:stieg@msu.edu)

Holly Mueller: [julianho@msu.edu](mailto:julianho@msu.edu)

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# MICHIGAN 4-H DAY AT THE BRESLIN

MARCH 1

# SAVE THE DATE!

MICHIGAN STATE UNIVERSITY | Extension



# SAVE THE DATE!

## 2025 MICHIGAN 4-H DAIRY CONFERENCE!

WHERE: MICHIGAN STATE UNIVERSITY  
WHEN: MARCH 1ST & 2ND



MORE INFORMATION & REGISTRATION COMING SOON!

Michigan 4-H

# Spark and Share Summit

FRANKENMUTH, MI

BAVARIAN INN LODGE AND CONFERENCE CENTER  
MARCH 8, 2025  
9AM -5:30PM

\$50  
includes  
Lunch

- Animal Science
- Science of Gardening
- Paper Art
- Engaging Meetings
- Mindfulness
- Rocketry
- Marketing your Project
- Youth-Adult Partnerships
- Teaching Science
- Vermicomposting
- Spa Day

Register by February 8th: <https://events.anr.msu.edu/SELeaderMeet2025/>

Thanks to a generous donation by Michigan 4-H Foundation Program Committee, the price for this training has been reduced.

MARCH 16-18, 2025

# 4-H CAPITOL EXPERIENCE



COST \$365

OPEN TO HIGH SCHOOL AGE YOUTH  
EXPERIENCE STATE GOVERNMENT IN  
ACTION AND LEARN HOW TO INFLUENCE  
POLICY ISSUES.  
INTERACT WITH LEGISLATORS, STATE  
AGENCY STAFF, LOBBYISTS AND OTHER  
RESOURCE PEOPLE!

PLEASE REGISTER BY MARCH 1ST AT: [HTTPS://  
EVENTS.ANR.MSU.EDU/CAPITOLEXPERIENCE2025/](https://events.anr.msu.edu/capitolexperience2025/)

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# STATEWIDE 4-H NEWS



## Register today for Michigan 4-H Capitol Experience!

At Michigan 4-H Capitol Experience, teens learn how to change the world for the better through engagement in Michigan's state government and public policy process. The program is scheduled for March 16-18, in Lansing.

The three-day event, open to high-school-aged youth, includes tours of the Michigan Capitol, interactions with state legislators, meetings with state agency staff, lobbyists and state-level experts and learning how policy is made. During the program, youth work in small teams to draft legislation on:

agriculture; civil rights; crime, law enforcement and corrections; education; energy, environment and natural resources; health and human services; and jobs and the economy.

The cost to register in 2025 is \$365, which includes most meals, materials, and lodging at the Okemos Conference Center. Please contact your local 4-H program coordinator to inquire about local funding opportunities. To learn more and/or find the link to register, visit [www.canr.msu.edu/4\\_h\\_capitol\\_experience/](http://www.canr.msu.edu/4_h_capitol_experience/).

## Resolve to have a great 4-H year

Adapted from: [www.canr.msu.edu/news/resolve\\_to\\_have\\_a\\_great\\_4\\_h\\_year](http://www.canr.msu.edu/news/resolve_to_have_a_great_4_h_year).

As we start the New Year, how can 4-H clubs resolve to improve in the year ahead? Here are ten suggestions to make the upcoming year a successful one.

Resolve that:

1. Club meetings will start and end on time.
2. Business meetings will follow Robert's Rules of Order and that all club paperwork, such as minutes, club inventory and financial statements, will be completed in a timely manner.
3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members' name and when they speak at business meetings.
4. The club meeting place will be a safe, comfortable and welcoming environment for all club members.
5. Fun will be included in each meeting.
6. A learning activity will be included in each club meeting. Ideas include exploring a new 4-H curriculum, having members volunteer to do a demonstration, doing a show and tell about each members' favorite project, or bringing in a guest speaker.
7. The club will pursue at least one community service project chosen, planned and celebrated by the club.
8. New members will have a buddy they may talk with about any 4-H questions.
9. The 4-H pledge will be said at every meeting.
10. Every club member will be recognized in some way to let them know they are cared about.



## SAVE THE DATE – Michigan 4-H Day at the Breslin

Michigan 4-H Day at the Breslin returns on March 1, 2025! For nearly two decades, this has been exciting event attended by Michigan 4-H youth, volunteers and families. We look forward to continuing this event in 2025 as 4-H'ers from across the state come together for a day of fun, comradery and basketball at MSU.

Make plans to join us on March 1 as the MSU Women's Basketball team takes on the Minnesota Gophers. Tickets will be available soon; visit [www.canr.msu.edu/events/4-h-day-at-the-breslin](http://www.canr.msu.edu/events/4-h-day-at-the-breslin) for more information.





# STATEWIDE CALENDAR OF EVENTS

## Attend the State 4-H Rabbit & Cavy Show & Expo



Join us for the 2025 State 4-H Rabbit and Cavy Show and Expo at the MSU Pavilion! Youth may choose to exhibit their rabbit and/or cavy as well as to compete in other contests such as breed identification, photography, educational display, showmanship, and new this year -skillathon.

Showmanship exhibitors are required to pre-register by January 17. All other contest registrations are done onsite at the show.

Educational sessions will also be scheduled throughout the day with the support of The Rabbit School and Rabbit Tutor.

Learn more at:  
[www.canr.msu.edu/events/2025\\_showmanship\\_rabbit\\_and\\_cavy\\_show](http://www.canr.msu.edu/events/2025_showmanship_rabbit_and_cavy_show).

### January 6: Online Parent Talk System Series (Mondays in January and February)

*Online*

This parenting workshop is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. This class is for caregivers of toddlers to teens and will take place on Monday evenings for six weeks, beginning on Jan. 6.

[www.canr.msu.edu/events/the-parent-talk-system-series-january-february-25](http://www.canr.msu.edu/events/the-parent-talk-system-series-january-february-25)

### January 14: Wild Spartans – Working my dream job with Michigan Sea Grant

*Online*

Take a look into life working with fisheries and wildlife! This month, delve into the freshwaters and skies that surround as you meet Elliot Nelson with Michigan Sea Grant. You'll learn about his work, and the education and career path he followed to get there. Youth will be encouraged to ask questions to learn more through a live Q&A. This free virtual series is youth ages 12-19. [www.canr.msu.edu/events/wild-spartans-monthly-wildlife-fisheries-webinar-series-january-2024-2025](http://www.canr.msu.edu/events/wild-spartans-monthly-wildlife-fisheries-webinar-series-january-2024-2025)

### January 14: Adulting 101 – Decreasing Stress with Mindfulness

*Online*

Are you ready to leave for college or be out on your own? Are you prepared to do adult tasks related to finances, home, health or finding a career? Adulting 101 can help you learn real life skills to successfully transition to living independently. In this session, learn how stressors can affect physical and mental health and practice mindfulness techniques to use in everyday life.

[www.canr.msu.edu/events/adulting-101-2025](http://www.canr.msu.edu/events/adulting-101-2025)

### January 23: Gearing up for success through apprenticeships: Advance your career in automotive research and development

*Online*

Are you passionate about vehicles and ready to jump-start your career? Enjoy technology, robotics and hands-on problem solving? Join this webinar designed to provide valuable insight into the skills and certifications you need to excel in today's fast evolving automotive industry.

[www.canr.msu.edu/events/gearing-up-for-success](http://www.canr.msu.edu/events/gearing-up-for-success)

### January 30: Michigan 4-H Volunteer Webinar – Building a Culture of Appreciation by Recognizing 4-H Volunteers and Youth

*Online*

Discover simple, impactful ways to celebrate and recognize volunteers and youth involved in your club.

[www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-building-a-culture-of-appreciation-recognizing-4-h-volunteers-youth-noon](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-building-a-culture-of-appreciation-recognizing-4-h-volunteers-youth-noon)

[www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-building-a-culture-of-appreciation-recognizing-4-h-volunteers-youth-7pm](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-building-a-culture-of-appreciation-recognizing-4-h-volunteers-youth-7pm)

